



Our Lady of Sorrows Academy

# THE CAVALIER

November 2023 Volume 2, Issue 2



*Cavaliers*

*Sinite Parvulos Venire Ad Me  
(Let the children come to me)*

Fall, Field Trips,  
& the End of The  
First Quarter

Dear Parents and Friends,

We have just completed the first quarter of school and are reviewing the results. Report cards are being sent out, and parent-teacher meetings are imminent. Through these means we are able to identify strengths and weaknesses, and then collaborate to direct and improve.

The process of growth is a slow, organic one that requires much patience on the part of both teacher and student. A student can get frustrated at his lack of progress in understanding and want to give up. As teachers and parents, we all must encourage him and guide him in the regular application to his work; and it is hard work! Not only will that child bolster his weak areas, but he will also learn patience and perseverance. Sooner than he anticipates, he will find joy in having attained his goal. This same sort of process applies also in the realm of self-discipline, which is part of the school formation as well.

Lastly, this growth is also spiritual, as we try to help the student understand then practice his faith, especially in those critical areas of obedience and charity. Thankfully we have the grace of God and the intercession of the saints to make that most important work fruitful.

In Christ,

A handwritten signature in black ink that reads "Christopher Pedersen".

Fr. Christopher Pedersen, Principal



# ABOUT OLOSA

## *Getting through school, one stitch at a time!*

This year, we are fortunate to have Mrs. Elizabeth Papandrea, Sister Maria Caterina, and Mrs. Linda Pham teach a sewing class to our 9th-12th grade girls once a week. The high school girls are currently working on sewing basic skirts, putting together sampler notebooks of basic stitches, and making hand-worked buttonholes. In the next semester, their goal will be to add more advanced stitches to their notebooks. Beginners will most likely be making more skirts, while the more advanced students will be learning how to make button-down shirts or blouses.

Incorporating sewing class into the girls' curriculum was important as, *"...home art classes remind young ladies of their dignity and their crucial role as the wives and mothers of tomorrow."* Mrs. Papandrea continued to say, *"Today, more than ever, with people denying the most basic realities, these home art classes ground young ladies in reality and help their minds find peace, in addition to the satisfaction of a job well done."*



## *Senior Class Trip to Kansas!*

Our senior class, **Travis Trinh, Alicia Taleck, Magali Espinal-Villegas and Hannah McQuillin**, flew to Kansas City to attend the SSPX Angelus Press Conference. The seniors were accompanied on this trip by their teachers, **Miss Amanda Palmeri and Mr. Diego Moncada**. Their weekend in Kansas was filled with many events, prayer, and sight-seeing adventures. The topic of the conference was *"The Catholic Family in the Modern World."* The seniors enjoyed listening to many eloquent speakers, meeting the District Superior of the U.S. Father Fullerton, social hours with attendees, a special dinner with Bishop Bernard Fellas and more. After the conference, they drove to St. Mary's, Kansas to attend a rosary procession at the Immaculata Church and to tour St. Mary's College. During their visit to St. Mary's, Father Pedersen's parents hosted a delicious dinner for our seniors and chaperones at their home. The senior class reflected on their time in Kansas with, *"It was such an amazing trip and we hope that everyone will get the opportunity to attend these conferences at some point in their lives! And a special thank you to our Principal, Father Pedersen, for allowing us this time to go!"*



# OLOSA INTERVIEW

with Miss Sarah Delmanowski - 3rd Grade

**Q: You're an OLOSA alumnus! Tell us about one of your favorite memories while being a student here.** A: I am indeed an alumnus. I graduated in 2014. I think my fondest memories are my junior and senior years. Fr. Mark Stafki was my religion teacher and his class was challenging but a joy. He would drink coffee like water, so as a joke, I hand-painted a HUGE mug for him. Who would have thought he would bring it to morning line-up with coffee in it and show the whole school!

## *A Choc-full of Fun Field trip!*

On October 17th, Miss Mary Palmeri's first grade class went on special field trip to the Cerreta Candy Company in Glendale. The students toured the candy factory. On the tour, the students learned how candy was made, taste tested lots of candies, and participated in a hands-on chocolate teddy bear decorating activity. After the tour, the students had lunch and played at a nearby park, saw peacocks roaming the area, and then ate ice cream together. It was a great day!



**Q: What is the name of your classroom's patron saint? How do you incorporate your saint throughout the year in your classroom?**

A: St. John Bosco is the patron saint for my classroom. I chose him because he was so very good with children, especially boys. His method of reaching the souls he came in contact with was so simple, yet also so powerful, enabling both children and adults to learn from his example. I have a book of short stories that I try to read every day and the students absolutely love to listen.

**Q: Which city has been your favorite place to visit?** A: Back in February of 2020, I had the great opportunity to travel to Quito, Ecuador. It was such a different world! There were people all over the city selling their wares and the city square was filled with the sound of people talking and laughing. It seemed like every other block had a magnificent church, monastery or convent standing tall right in the middle of the city. The Changing of the Guard was impressive too! On the feast of the Purification of the Blessed Virgin Mary, February 2, they had a procession. Thousands of people came, rose petals were flying everywhere and everyone was singing. They even set off fireworks from the top of the Church! I would definitely go back.

## *Student Composition*

Miss Margaret Scherman asked her 4th Grade Class to tell a story about this fall-themed picture.



### **Autumn Woods**

*"It's the first day of Fall in the calm quiet woods. Leaves are falling, animals are hibernating, and no one is on the still streets. All the leaves have changed color to red, orange, yellow and brown. I feel a cool breeze in my hair. And that's how I know autumn is here."*

Written By Paulina Henry

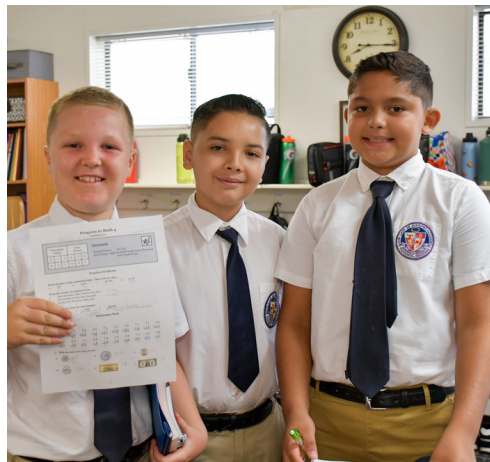


**Pictured above:** One of the Consoling Sisters found a Hummingbird Moth on campus. They brought it to Mrs. Young's 2nd Grade Class to observe this magnificent creation up close. Hummingbird Moths are considered to be, "one of the most delightful insects to visit your garden... and a symbol for good luck."

## Save the Date! \_\_\_\_\_

Our Lady of Sorrows Academy invites you to their 1st Annual *Cavaliers' Winter Soirée Dinner, Dance, and Auction* on **Saturday, February 10th, 2024** at the Marriott Buttes Resort. We pray you will join us for a delightful evening to raise money for the construction and remodel of the new restrooms on campus. More details on this fundraising event will be announced soon - stay tuned!

*"Jesus and Mary, I love you, save souls! (x 3)  
Saint Nicholas of Tolentine, pray for us."*



# NOVEMBER SCHOOL ANNOUNCEMENTS



**Wednesday, November 1st:**

No School - *All Saints' Day*

**Monday, November 6th:**

Parent School Conference @ 7pm

**Wednesday, November 8th:**

After-School Girls Choir for Grades 3-6th

**Friday, November 10th:**

Fundraiser Kick Off With Students and Staff at 2:30pm - *Parents Are Welcome to Attend*

**Wednesday - Friday, November 22nd -24th:**

No School - *Enjoy Your Thanksgiving Break!*

## STAFF BIRTHDAYS



Father Kurtz

## SPECIAL FEAST DAYS

**Thursday, November 2nd:**

All Souls' Day

**Friday, November 4th:**

St. Charles Borromeo

*The Patron Saint of Learning and the Arts*

**Wednesday, November 22nd:**

St. Cecilia - *The Patron Saint of Musicians*

**Thursday, November 30th:**

St. Andrew - *The Christmas Novena Begins*

